**Patient Name:** CARTER, BARBARA

**Date of Birth:** 07/07/1979

**Date of Service:** 09/30/2022

**History of Present Illness:**  
This is a 43 year-old right hand dominant female who was involved in a motor vehicle accident on 03/23/2022 . Patient is a driver, front and rear ended with belt restrained. Patient injured Right Shoulder, Left Hip in the accident. The patient is here today for orthopedic evaluation. PT started one week ago.

The patient complains of right shoulder pain which is throbbing in nature sometimes tingling in shoulder. Shoulder pain increases when walking, lifting and \_\_\_\_

Left Hip

**Past Medical History:**  
Hearing loss.

**Past Surgical History:**  
C-section x2 in 1998 and 2003. Tumor removal of abdominal wall 4 years ago.

**Past Accident/Injuries:**  
Patient states that she was a restrained driver of a vehicle, which was involved in a T-bone driver's side and rear end collision. No airbags were deployed. Patient went to Jersey Shore Medical Center.  
Patient complains of left knee, right shoulder and back pain. Medications were reviewed. Patient was doing private care before. Patient smokes 3x a day.

**Daily Medications:**  
N/A

**Allergies:**  
No known drug allergies

**Social History:**  
Patient does smokes 4 cigarretes /day.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 5 feet and 3 inches tall, weighs 260 pounds   
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal   
RSIA one month ago.

**Left Hip:**  
Examination observation and palpation of the hip is positive for pain-limited range of motion, tenderness with muscle spasm and atrophy noted at lower extremity. Medial/ lateral joint line, medial \_\_\_\_\_ and patellofemoral were positive.

**Right Shoulder:**  
Examination of the shoulder revealed no tenderness to palpation. There was no effusion. No crepitus was present. No atrophy was present. Hawkins, neers and O'briens were positive. Range of motion Abduction 80 degrees(180 degrees normal ) Forward flexion 90 degrees(180 degrees normal ) Internal rotation 50 degrees (80 degrees normal ) External rotation 80 degrees(90 degrees normal ) . Tender at AC joint.

**Diagnostic Imaging:**

**Assessment and Plan:**  
Diagnosis: 1. LK medial meniscus tear.  
   
Recommend: Patient request for LKIA.

The patient’s Right Shoulder, Left Hip were examined   
MRI of the Right Shoulder, Left Hip were reviewed.   
Patient is to return to the office in 6 weeks.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**